Los 100 Verbos Irregulares Más Comunes en Inglés

Aprende los verbos que componen el **98% de las conversaciones cotidianas** en inglés. Incluye **Infinitivo (Presente), Pasado Simple, Pasado Participio**, su traducción precisa al español, grupo fonético y casillas de seguimiento diario.

1. Invariables
3 formas iguales (cut-cut-cut, put-put-put, cost-cost-cost). Cero cambios.

2. Terminación -ought
Pasado y participio riman en /ɔːt/ (buy-bought, bring-brought, think-thought).

3. Ritmo i - a - u
Campana vocal /ɪ/ - /æ/ - /ʌ/ (sing-sang-sung, drink-drank-drunk, swim-swam-swum).

4. Participio en -en
Añaden -en / -n al final (speak-spoke-spoken, take-took-taken, write-wrote-written).

5. Pasado = Participio
Vocal acortada o terminada en -t/-d (feel-felt-felt, keep-kept-kept, lose-lost-lost).

Cómo usar este documento: Dobla o tapa las columnas de Pasado y Participio con la mano. Intenta recordar ambas formas en voz alta antes de mirar.

Casillas de control: ☐ Visto ☐ Repasado ☑ Dominado

#	INFINITIVO / PRESENTE	PASADO SIMPLE	PASADO PARTICIPIO	SIGNIFICADO (ESPAÑOL)	FAMILIA FONÉTICA	PROGRESO
1	**be**	was / were	been	ser, estar *"She has been very busy lately."*	Alta Frec.	☐☐☐
2	**have**	had	had	tener, haber *"I had a great idea this morning."*	Pasado = Part.	☐☐☐
3	**do**	did	done	hacer *"You have done an amazing job."*	Participio -en	☐☐☐
4	**say**	said	said	decir *"He said he would call back."*	Pasado = Part.	☐☐☐
5	**go**	went	gone	ir *"They have already gone home."*	Participio -en	☐☐☐
6	**get**	got	got / gotten	conseguir, recibir, llegar *"I got your email earlier today."*	Participio -en	☐☐☐
7	**make**	made	made	hacer, fabricar *"She made a delicious dinner."*	Pasado = Part.	☐☐☐
8	**know**	knew	known	saber, conocer *"I have known him for five years."*	Participio -en	☐☐☐
9	**think**	thought	thought	pensar, creer *"I thought about your suggestion."*	Rima -ought	☐☐☐
10	**take**	took	taken	tomar, llevar *"He has taken the train to work."*	Participio -en	☐☐☐
11	**see**	saw	seen	ver *"Have you seen my keys?"*	Participio -en	☐☐☐
12	**come**	came	come	venir, llegar *"My friends came over yesterday."*	Alta Frec.	☐☐☐
13	**find**	found	found	encontrar, hallar *"We found a quiet coffee shop."*	Pasado = Part.	☐☐☐

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14	**give**	gave	given	dar, entregar *"She gave me helpful feedback."*	Participio -en	☐☐☐
15	**tell**	told	told	decir, contar *"He told us an inspiring story."*	Pasado = Part.	☐☐☐
16	**feel**	felt	felt	sentir *"I felt very energetic today."*	Pasado = Part.	☐☐☐
17	**become**	became	become	convertirse en, llegar a ser *"It has become much easier now."*	Alta Frec.	☐☐☐
18	**leave**	left	left	dejar, salir, marcharse *"They left the office at 6 PM."*	Pasado = Part.	☐☐☐
19	**put**	put	put	poner, colocar *"Put your cards into practice."*	Invariable	☐☐☐
20	**mean**	meant	meant	significar, querer decir *"I meant what I said earlier."*	Pasado = Part.	☐☐☐
21	**keep**	kept	kept	mantener, guardar *"She kept her daily study streak."*	Pasado = Part.	☐☐☐
22	**let**	let	let	permitir, dejar *"My boss let me leave early."*	Invariable	☐☐☐
23	**begin**	began	begun	empezar, comenzar *"The session has just begun."*	Patrón i-a-u	☐☐☐
24	**show**	showed	shown	mostrar, enseñar *"The data has shown great results."*	Participio -en	☐☐☐
25	**hear**	heard	heard	oír, escuchar *"I heard the news on the radio."*	Pasado = Part.	☐☐☐
26	**run**	ran	run	correr, ejecutar *"He ran five kilometers today."*	Alta Frec.	☐☐☐
27	**bring**	brought	brought	traer *"She brought notes to the meeting."*	Rima -ought	☐☐☐
28	**write**	wrote	written	escribir *"He has written three books."*	Participio -en	☐☐☐
29	**sit**	sat	sat	sentarse *"We sat together in the front row."*	Pasado = Part.	☐☐☐
30	**stand**	stood	stood	estar de pie, soportar *"They stood in line for tickets."*	Pasado = Part.	☐☐☐
31	**lose**	lost	lost	perder *"Don't get lost in the details."*	Pasado = Part.	☐☐☐
32	**pay**	paid	paid	pagar *"I paid for the course online."*	Pasado = Part.	☐☐☐

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33	**meet**	met	met	conocer, reunirse con *"We met two years ago in Madrid."*	Pasado = Part.	☐☐☐
34	**set**	set	set	establecer, fijar *"She set a clear daily goal."*	Invariable	☐☐☐
35	**learn**	learnt / learned	learnt / learned	aprender *"I learnt 15 new words today."*	Pasado = Part.	☐☐☐
36	**lead**	led	led	liderar, guiar *"Her persistence led to success."*	Pasado = Part.	☐☐☐
37	**understand**	understood	understood	entender, comprender *"I completely understood the lesson."*	Pasado = Part.	☐☐☐
38	**speak**	spoke	spoken	hablar *"She spoke with native fluency."*	Participio -en	☐☐☐
39	**read**	read (/rɛd/)	read (/rɛd/)	leer *"I read that article yesterday."*	Invariable	☐☐☐
40	**spend**	spent	spent	gastar, pasar tiempo *"We spent hours practicing."*	Pasado = Part.	☐☐☐
41	**grow**	grew	grown	crecer, cultivar *"My vocabulary has grown fast."*	Participio -en	☐☐☐
42	**win**	won	won	ganar *"Our team won the championship."*	Pasado = Part.	☐☐☐
43	**buy**	bought	bought	comprar *"He bought a new laptop yesterday."*	Rima -ought	☐☐☐
44	**send**	sent	sent	enviar, mandar *"I have sent the confirmation link."*	Pasado = Part.	☐☐☐
45	**build**	built	built	construir *"They built an intuitive app."*	Pasado = Part.	☐☐☐
46	**fall**	fell	fallen	caer, caerse *"Leaves have fallen from the trees."*	Participio -en	☐☐☐
47	**cut**	cut	cut	cortar *"He cut the paper in half."*	Invariable	☐☐☐
48	**sell**	sold	sold	vender *"They sold all the tickets."*	Pasado = Part.	☐☐☐
49	**break**	broke	broken	romper, quebrar *"Who broke the glass on the table?"*	Participio -en	☐☐☐
50	**hit**	hit	hit	golpear, chocar *"The ball hit the window."*	Invariable	☐☐☐
51	**eat**	ate	eaten	comer *"We have eaten lunch already."*	Participio -en	☐☐☐
52	**catch**	caught	caught	atrapar, tomar (transporte) *"I caught the morning bus on time."*	Rima -ought	☐☐☐

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53	**draw**	drew	drawn	dibujar, trazar *"She drew a beautiful diagram."*	Participio -en	☐☐☐
54	**choose**	chose	chosen	elegir, escoger *"You have chosen the right path."*	Participio -en	☐☐☐
55	**fight**	fought	fought	luchar, pelear *"They fought hard for their goals."*	Rima -ought	☐☐☐
56	**throw**	threw	thrown	lanzar, tirar *"He threw the ball across the park."*	Participio -en	☐☐☐
57	**drive**	drove	driven	conducir, manejar *"We drove all night to arrive early."*	Participio -en	☐☐☐
58	**wear**	wore	worn	vestir, llevar puesto *"She wore a blue coat yesterday."*	Participio -en	☐☐☐
59	**teach**	taught	taught	enseñar *"He taught English for 10 years."*	Rima -ought	☐☐☐
60	**forget**	forgot	forgotten	olvidar *"I haven't forgotten your advice."*	Participio -en	☐☐☐
61	**sleep**	slept	slept	dormir *"I slept eight hours last night."*	Pasado = Part.	☐☐☐
62	**sing**	sang	sung	cantar *"They sang their favorite song."*	Patrón i-a-u	☐☐☐
63	**cost**	cost	cost	costar *"The ticket cost less than expected."*	Invariable	☐☐☐
64	**swim**	swam	swum	nadar *"He has swum in the ocean before."*	Patrón i-a-u	☐☐☐
65	**hurt**	hurt	hurt	doler, lastimar *"My shoulder hurt after the gym."*	Invariable	☐☐☐
66	**shut**	shut	shut	cerrar *"Please shut the door quietly."*	Invariable	☐☐☐
67	**blow**	blew	blown	soplar *"The wind blew away the papers."*	Participio -en	☐☐☐
68	**fly**	flew	flown	volar *"We flew over the mountains."*	Participio -en	☐☐☐
69	**rise**	rose	risen	levantarse, subir *"The sun rose at 6 AM."*	Participio -en	☐☐☐
70	**ride**	rode	ridden	montar, andar en *"She rode her bike to school."*	Participio -en	☐☐☐
71	**drink**	drank	drunk	beber, tomar *"I drank two cups of green tea."*	Patrón i-a-u	☐☐☐

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72	**hide**	hid	hidden	esconder, ocultar *"The gift was hidden in the closet."*	Participio -en	☐☐☐
73	**wake**	woke	woken	despertar, despertarse *"I woke up early this morning."*	Participio -en	☐☐☐
74	**steal**	stole	stolen	robar *"Someone stole his wallet on the bus."*	Participio -en	☐☐☐
75	**ring**	rang	rung	sonar, timbrar *"The phone rang while I was eating."*	Patrón i-a-u	☐☐☐
76	**bite**	bit	bitten	morder *"A mosquito bit me on the arm."*	Participio -en	☐☐☐
77	**shake**	shook	shaken	sacudir, agitar, estrechar *"They shook hands warmly."*	Participio -en	☐☐☐
78	**freeze**	froze	frozen	congelar, congelarse *"The lake has frozen completely."*	Participio -en	☐☐☐
79	**sink**	sank	sunk	hundir, hundirse *"The ship sank rapidly in the storm."*	Patrón i-a-u	☐☐☐
80	**feed**	fed	fed	alimentar *"Have you fed the cat today?"*	Pasado = Part.	☐☐☐
81	**lend**	lent	lent	prestar *"He lent me his favourite novel."*	Pasado = Part.	☐☐☐
82	**shoot**	shot	shot	disparar, filmar *"They shot a new movie in Paris."*	Pasado = Part.	☐☐☐
83	**spread**	spread	spread	extender, difundir *"The good news spread fast."*	Invariable	☐☐☐
84	**tear**	tore	torn	rasgar, romper *"He accidentally tore the paper."*	Participio -en	☐☐☐
85	**hang**	hung	hung	colgar *"We hung the picture on the wall."*	Pasado = Part.	☐☐☐
86	**shine**	shone	shone	brillar *"The stars shone brightly last night."*	Pasado = Part.	☐☐☐
87	**dig**	dug	dug	cavar, excavar *"The dog dug a hole in the yard."*	Pasado = Part.	☐☐☐
88	**slide**	slid	slid	deslizar, resbalar *"He slid the document across the desk."*	Pasado = Part.	☐☐☐
89	**beat**	beat	beaten	golpear, vencer *"They beat the previous record."*	Participio -en	☐☐☐
90	**burn**	burnt / burned	burnt / burned	quemar, arder *"The candle burnt for three hours."*	Pasado = Part.	☐☐☐

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91	**smell**	smelt / smelled	smelt / smelled	oler *"The freshly brewed coffee smelt great."*	Pasado = Part.	☐☐☐
92	**dream**	dreamt / dreamed	dreamt / dreamed	soñar *"I dreamt about travelling in Europe."*	Pasado = Part.	☐☐☐
93	**forgive**	forgave	forgiven	perdonar *"She has forgiven his mistake."*	Participio -en	☐☐☐
94	**swear**	swore	sworn	jurar *"He swore to tell the truth."*	Participio -en	☐☐☐
95	**forbid**	forbade	forbidden	prohibir *"Smoking is strictly forbidden here."*	Participio -en	☐☐☐
96	**sweep**	swept	swept	barrer *"He swept the floor this morning."*	Pasado = Part.	☐☐☐
97	**bend**	bent	bent	doblar, inclinar *"Bend your knees to lift safely."*	Pasado = Part.	☐☐☐
98	**cling**	clung	clung	aferrarse *"They clung to hope until the end."*	Pasado = Part.	☐☐☐
99	**deal**	dealt	dealt	tratar, lidiar *"We dealt with the issue immediately."*	Pasado = Part.	☐☐☐
100	**hold**	held	held	sostener, retener, celebrar *"The conference was held in Madrid."*	Pasado = Part.	☐☐☐

¿Quieres automatizar estos 100 verbos con pronunciación nativa?
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